

MARCH 10, 2024



WORKING TOGETHER TO FOLLOW CHRIST IN JOYFULLY SERVING OUR  
NEIGHBORS AS COMPASSIONATE, CONNECTED,  
CONTRIBUTING, EVERYDAY DISCIPLES.

Your yearly Bible reading plan:  
Reading the Bible in order: By next Friday finish  
Joshua and then read Judges 1-8.  
Reading the Bible in chronological order:  
By next Friday Numbers 33-36 Deuteronomy 1-13  
Next week look for the following week's plan.

CONTENTS:

WORSHIP DETAILS: COVER

ODDS AND ENDS: PAGE 2

CALENDAR AND EVENTS: PAGE 3

MINISTRIES: PAGE 4

MUSIC NOTES: PAGE 7

PRAYER CONCERNS: PAGE 8

# Upcoming Worship

MESSAGE: BY GRACE  
SCRIPTURE: EPHESIANS 2:1-10 & JOHN 3:14-17

|                |  |
|----------------|--|
| ELDER GREETERS | CHRISTIAN MCCALL, ELLEN THOMAS   |
| DEACON USHERS  | KAREN RAWLS, KELLY BURKHART, CLINTON CORBETT,<br>GENE GILLELAND, RANDALL BRUNSON |
| COUNTERS       | BOYD KURT, BETSY STEWART   |
| SIGNERS        | BILL HARRAMAN, PAM HORACK  |

THE FLOWERS THIS WEEK ARE GIVEN TO THE  
GLORY OF GOD AND IN HONOR OF LEXIE'S 29TH  
BIRTHDAY BY HER PARENTS, OZZIE & CHERYL  
SIMERLY.



THE 2024 FLOWER SIGN-UP POSTER IS ON THE  
BULLETIN BOARD TO THE RIGHT OF THE CHURCH  
OFFICE. IT IS AS EASY AS WRITING YOUR NAME IN A  
BLANK. THE CHURCH WILL CALL YOU FOR DETAILS  
AND PAYMENT. COST IS \$50.

## LAST WEEK'S MORNING WORSHIP:

|                |                |              |                     |                      |              |
|----------------|----------------|--------------|---------------------|----------------------|--------------|
| INHOUSE<br>218 | CHILDREN<br>23 | NURSERY<br>5 | YOUTUBE VIEWS<br>56 | FACEBOOK VIEWS<br>21 | TOTAL<br>295 |
|----------------|----------------|--------------|---------------------|----------------------|--------------|

# Odds and Ends

## **EASTER SUNRISE SERVICE**



March 31st - 7 A.M. Service will be held at the Memorial Garden in the Pleasant Hill Cemetery. Dexter will be leading the service. Seating is limited. If you feel the need to sit, you may need to bring a chair.

**It is almost that time again to**

**SPRING AHEAD!**



**On MARCH 10 forward those clocks one hour! We'll be sure to have enough coffee on that Sunday morning to help you**

### **Need Prayer?**

The Intercessory Prayer Team is honored and privileged to pray for your prayer requests. We want to pray for concerns close to your heart. You can submit your prayers through the Prayer Request Card located in your pew, online through Church Center or scan the QR code. You can also feel to call or text members of the Intercessory Prayer Team, Clinton Corbett, Mamie Gaver, Dexter Greene, Sandi Lauerman or Karen Rawls.

### **SCPCPH's Automated Call System**

Sometimes, your staff might need to communicate with you. It may concern the passing of a member or a snow/ice storm event, a reminder of activities coming up, etc. There may be a lag before you hear the beginning of the message, so please don't hang up. If you are away from your phone and don't answer the call, the system will call you three times before it records the message to your voice mail for you to hear later.

To the Angel who left beautiful vases of flowers on the desks of each staff member along with a bag of candy and scripture,

**WE THANK YOU!**

What a wonderful way to start a Monday morning and each day thereafter.

Have you downloaded the Church Center app on your phone?

It is a great way to find short cuts to our lost and found page, newsletters, prayer list, YouTube videos, giving and even calling the church without dialing the number.

Download today.

If you do not prefer apps, you may find the same info at

[Home - Steele Creek Presbyterian Church at Pleasant Hill \(churchcenter.com\)](http://Home-SteeleCreekPresbyterianChurchatPleasantHill.churchcenter.com)



## **Money Management**

### **Tip of the Month**

#### **Traditional IRA vs ROTH IRA**

**An individual retirement account (IRA) is a retirement account that you manage outside of your employer. A traditional IRA gives you a tax break when you contribute to it, but you will pay taxes on its growth when you withdraw it in the future. A ROTH IRA is funded with after tax dollars. Once you're 59 1/2 — and the account has been open for at least five years — you can withdraw from your Roth IRA without paying federal taxes on its growth.**

Source: [What Is a Roth IRA? Rules & How to Open One - NerdWallet](http://WhatIsaRothIRA?Rules&HowtoOpenOne-NerdWallet)



# Calendar and Events

|  |  |
|--|--|
| <b>10 March, Sunday - Fourth Sunday of Lent</b>              | <b>13 March, Wednesday</b>                             |
| 09:00 am – Children’s Choir begins! Meet in the Choir Suite. | 11:30 am – Fun Bunch                                   |
| 09:30 am - Sunday School, Donuts & Coffee                    | 06:15 pm - Praise Team                                 |
| 10:30 am - Worship   | 07:00 pm - Choir Rehearsal                             |
| 05:00 pm – Youth Group                                       | <b>14 March, Thursday</b>                              |
| <b>11 March, Monday</b>                                      | 10:00 am – Beyond The Word                             |
| 11:00 am – Intercessory Prayer Team                          | 06:30 pm – Congregational Care Ministry Team           |
| 06:30 pm – Missions Ministry                                 | 07:00 pm – Handbell Ensemble                           |
| <b>12 March, Tuesday</b>                                     | <b>16 March, Saturday</b>                              |
| 10:00 am - Friendship Circle - Chapter 6 is your lesson.     | 10:00 am – Egg Hunt                                    |
| 11:30 am - Staff Meeting                                     | <b>17 March, Sunday – Fourth Sunday of Lent</b>        |
|  | 09:00 am – Children’s Choir - meet in the Choir Suite. |
|  | Noon - BASIC Training and Youth Group                  |

Registrations are OPEN for the Children’s Choir, Women’s Retreat, and for the youth’s summer trip to Camp Truett! All sign-ups can be found here. [Signups - Steele Creek Presbyterian Church at Pleasant Hill \(churchcenter.com\)](https://churchcenter.com)

## DEADLINE IS WEDNESDAY FOR DONATIONS



It is hard to believe that it is time for our Spring Festival, but it is here!

We are collecting small items such as stickers, bracelets, rub-on tattoos, cars, and other small prizes & candy to put inside

our eggs. We are collecting a few plastic eggs, too.

We are asking for help stuffing the eggs on Wednesday, March 13 from 11:30 am - until, during Fun Bunch.

Come, have lunch, and stuff an egg!

## FUN BUNCH

This weeks menu is as follows:

Meatloaf  
Mashed Potatoes with gravy  
Mixed Vegetable  
Bread  
Salad Bar  
Dessert

Come out Wednesday, March 13 at 11:30 a.m. to share in a tasty meal, fellowship, and fun.

If you are a stay at home parent, bring the little ones and let them enjoy a bowl of mashed potatoes and a few veggies! This is a great event for stay-at-home parents who are feeling a little isolated.

## EASTER FLOWERS

You will find an insert in your bulletin to order potted flowers for Easter to be placed around the sanctuary *In Memory, Honor, or Appreciation Of* people in your life.

Please put the insert in the offering plate or turn it in to the church office by March 10.

|                                 |         |
|---------------------------------|---------|
| White Calla Lily, 6.5" pot      | \$18.50 |
| Boston Fern                     | \$30    |
| Pink & White Hydrangeas, 8" pot | \$40    |
| Blue Hydrangeas, 8" pot         | \$45    |

Payment can be made through the church office or online through Giving and choosing Easter Flowers in the drop down.

## EGG HUNT Saturday MARCH 16, 2024

10:00 am - 11:30 am  
Ages 2 to 5 th Grade

Join us for Story Time, Music and Crafts



# Ministries

## Ashe County Ministry

Our connection with assisting Ashe County, North Carolina has come to an end. If you would like to continue donating your items, please know that they will be distributed as needed to other ministries, but will no longer go to Ashe County.

Did you know Ashe County was part of the self-declared "State of Franklin (Frankland)" who had intents on becoming the 14th state of the union? [Read more about it here.](#)

## Missions Ministry

**SAVE THE DATE!**

**YARD SALE!**

Missions ministry will be hosting a church wide yard sale on **April 20.**

Clean out your clutter and/or come shop!  
More details to come as the event is closer.

## Faith and Family Fun Night

Faith and Family Fun Night is a program that happens monthly under the Outreach and Fellowship Ministry team.

Bill Harraman and his team prepare delicious meals for our enjoyment and allow us time to commune with our church family. Afterwards, there is always a little game time - bingo and basketball.



(See page 5 for more)



## Church Directory

Congregational Care Ministry is creating a church directory with professional photos of our church family. Members and visitors are welcome to participate. There are two (2) steps you must take.

1.) To assist us in compiling your information for the printing company, we have created a Microsoft Form for each household to complete. A paper version will be available at the church. [Click here to complete your Directory Information form](#) or scan the QR code below.

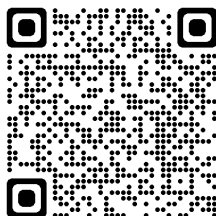
2.) We have a photographer scheduled to come out four times in April to take photos of you and/or your family. **YOU MUST SIGN-UP FOR AN APPOINTMENT IN ADVANCE.** [Click here to sign-up for a portrait time.](#)

There is no charge to you to have your picture taken. If you choose to buy family photos, you will do that with the photograph company.

Directory Information for SCPCPH.



Directory Information  
Form QR Code



Photography Sign-Up  
Genius QR Code

## BEN BROWN SCHOLARSHIP



The Ben Brown Scholarship application is now active. You must be a member of Steele Creek Presbyterian Church at Pleasant Hill to apply.

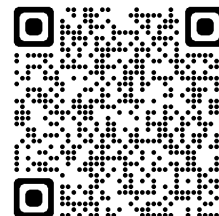
Apply here: [Ben Brown Scholarship Application - Steele Creek Presbyterian Church at Pleasant Hill \(churchcenter.com\)](#)

**DEADLINE IS MARCH 31!**

To be eligible for this scholarship you must plan on attending a college, university, trade school or equivalent. You must also be a member of our congregation.

The Scholarship Committee may, at their discretion, award all funds to a single applicant or divide the funds among several applicants.

Tap or scan QR Code to be directed to the application. Link also above in blue.



Ben Brown Scholarship  
Application QR Code



### Door of Hope Team Needs Disposable Luggage

You all have been so generous with donating clothes and baby blankets, that we are now asking for seven large suitcases to transport the donations with the team. This luggage will NOT be returned. It must close securely. The condition of the suitcase does not matter. Do you have an old piece that you would like to clear out? If you wish to assist in this donation, (see page 6 for more)

### Youth Group's Summer Trip



**DEPOSIT DUE MARCH 31; FINAL  
PAYMENT DUE MAY 5.**

The Youth Group leaders have been busy planning a fun trip to Truett Camp for July 21-26.

[Sign-up here or online under the registrations section of Church Center.](#)

Scholarships are available.

### Faith and Family Fun Night

(continued)

Phyllis Osbourne, our custodian, has gone above and beyond on collecting prizes to be used throughout the year. Everything from toys and household items to beautiful mugs, planners, yard flags and more by Susan Winget. Here is a quick peek of some of the prizes you could win during bingo throughout the year.



**Our next Faith and Family night will be Wednesday, April 3.**

Praise Team - We know the time overlaps with rehearsal. If you would like dinner on us, let us know and we'll make sure you don't miss out.



## Kairos Prison Ministry

Kairos Prison Ministry has put a call out for cookies. Kairos is coming **March 15** to collect the cookie donations. Kairos Prison Ministry delivers homemade cookies to over 1,300 inmates, guards and staff to SC Department of Corrections at Kershaw, SC. Can you find some time to bake? These cookies are so important to those that are incarcerated. Please pray over your cookies as a source of His love to shine on the prisoners and the staff. Pray that each cookie brings the inmate, officer or warden who eats one closer to God.

**THE GUIDELINES THAT MUST BE FOLLOWED ARE FROM THE  
SOUTH CAROLINA DEPARTMENT OF CORRECTIONS.  
DO NOT DEVIATE, OR THEY WILL NOT BE DELIVERED.**

### Cookie Guidelines

The types of cookies that are acceptable are:

Chocolate chip, sugar, ginger, molasses, oatmeal and peanut butter.

Cookies should be between TWO (2) and TWO AND ONE HALF (2.5) INCHES ACROSS and not more than half (0.5) inch thick.

DO NOT USE ICING, POWDERED SUGAR OR ANY OTHER TYPE OF COATING ON THE OUTSIDE OF THE COOKIE. DO NOT ADD ANY KIND OF FRUIT OR NUTS TO THE COOKIES.

IMPORTANT: Bag thoroughly cooled cookies in a clear QUART sized zip lock bag only. A dozen cookies to a bag. We cannot re-bag or hand-out in any other packaging.

### FREE SHRED DAY!

I have been collecting my "shred-dable" papers!  
Have you?

Outreach and Fellowship ministry will host a FREE shred day April 13 from 9 a.m. - 12 p.m. There will be a *Shred-It* truck onsite to accept papers that you need securely shredded in order to protect your information.



April is also tax month, so maybe you have old tax records, old ledgers, medical records, etc. from many years past

that could be shredded. Start pulling together your papers, and be ready to bring them onsite in April for secure on site shredding.

### THREE BOX LIMIT FOR COMMUNITY.

No non-paper items, no cardboard tubes, no hand tissues, no candy or food wrappers.

Posters are available in the Church Office if you would like to share on local businesses' bulletin boards or with your HOA.

## Door of Hope Ministries in South Africa

### (continued)

consider visiting a thrift store. The team leaves May 7. Luggage needs to be donated well advance for planning and packing purposes.

We are still accepting new and gently used baby clothing for the Door of Hope Ministry. Two collection bins are available for drop offs. One in the narthex and one at the front office.

These clothes need to be for infants and toddlers from birth to three years old. Thank you to everyone for helping with this mission effort.



## **GOOD FRIDAY SERVICE**

March 29 - 6:30 P.M.

### **Mount Olive Presbyterian Church**

is hosting a Good Friday Service on Friday, March 29 at 6:30pm. They are located at:

5125 Mount Olive Church Road  
Charlotte, NC 28278.

## **Congregational Care Ministry Team**

The Congregational Care Ministry Team is updating its list of church members who are willing to provide transportation to our members. From time to time there are needs for rides to doctor's appointments, grocery shopping, rides to church on Sunday or events during the week. This isn't an everyday thing, but it's something that is greatly needed. If you are willing to help with this mission, please let the church office know. You will be included on a list of available folks who can help. Your willingness will mean a great deal to those in need and to all church members. Thanks for your consideration. Also, if you are aware of anyone who needs this kind of assistance, please let the office know as well. We can't help folks if we don't know they need us.

Office phone is 704-588-1290

## **J-WALKERS NEEDS YOU**

We need at least 14 people to assist with guiding, training, leading and protecting our three-year-olds through first-graders on a Sunday morning. By asking for so many volunteers we can create a rotating schedule so that no one small group has to do it every Sunday.

You will not be alone. Each room will have two adults to help support each other in watching over the children.

You will be responsible for sharing a pre-planned and pre-made children's lesson to three year olds through first grade. Then watch over the children until their parents come for them at the end of a Sunday service.

You must be able to pass background check and a member of the church. All the children are fully potty trained. At this time, call the church office to be put in touch with Lindsey Lucariello.

## **Men's Fellowship Group**

We have a number of men in our church family and Men's Fellowship group who have honed their home maintenance skills over the years and are willing to share them with you. We know from experience if you call a repairman, whether it's electrical, plumbing or almost any other problem, you'll pay a service charge around \$100 or more, then you have to pay for the repairs.

Our men are ready and eager to help you avoid that expense on small maintenance and repairs that we can accomplish for you. Now, we're not talking about building a deck or roofing your house or repairs that require city/county permits.

What we are talking about is things like:

- An electrical outlet that doesn't work
- A leaky faucet
- A commode that runs too much
- Changing filters in the a/c or furnace
- Changing batteries in the smoke detectors
- Installing battery operated smoke detectors if you don't have them

Mounting a ceiling fan

Other maintenance that you might identify.

If you can make use of this service, please feel free to phone the church office at 704-588-1290.

We're ready to serve when you need us!



# Music Notes



Steele Creek Presbyterian Church at Pleasant Hill • Kaarin Record, Music Director • [kaarin@steelecreekchurch.org](mailto:kaarin@steelecreekchurch.org)

## Rehearsals start Sunday!

The Children's Choir will be presenting lovely (and lively!) music during the Mother's Day service on Sunday, May 12th. Rehearsals run from March 10 - May 12 (at 9 am on Sundays in the Choir Suite) under the direction of Kelly Byrum. Ages 4 and up are welcome to join us. Pre-register with Kaarin Record at

[kaarin@steelecreekchurch.org](mailto:kaarin@steelecreekchurch.org)

or register on Church Center

by 9 a.m. March 10.

## SCPCPH Handbell Ensemble

*is going to Raleigh today to the Capital Area Spring Ring!*

The Capital Area Spring Ring and a handbell festival that features Level 1 and 2 music for intergenerational, adult, and youth choirs or individual ringers. The festival includes massed ringing sessions breakout classes led by members of The Raleigh Ringers. Saturday, March 9 concludes with a short concert presented by the participants at 4:00 pm that is open to the public. Want to hear your church ring? Join us at Highland United Methodist Church at 4 pm.



The repertoire will include:

"Laudation", Brenda Austin – Level 2  
2-3 octave version and 3-5 octave version

"Holy Manna", Susan Geschke – Level 2  
2, 3 or 5 octaves

"Aria", Albert Zabel – Level 2  
3 or 5 octaves

"Advent Meditation", Douglas E. Wagner – Level 2  
3-5 octaves

Challenge Piece (optional)

"Joshua Fit the Battle of Jericho", Martha Lynn Thompson –  
Level 2

[Capital Area Spring Ring – The Raleigh Ringers \(rr.org\)](http://rr.org)

*The Raleigh Ringers*

IS AN INTERNATIONALLY ACCLAIMED, ADVANCED COMMUNITY

HANDBELL CHOIR BASED IN RALEIGH, NORTH CAROLINA.

[The Raleigh Ringers \(rr.org\)](http://rr.org)





# Prayer Concerns

Please be in prayer for the following that they receive peace, comfort, support, healing, strength, and the love of Christ as He knows all the needs of all people. For more details on each, please see Church Center's Prayer List.

## Praise

- ◆ Meredith Mallory Rawls, granddaughter of Karen and Dennis Rawls. After a difficult birth and some medical complications, through God's glory is a strong and healthy little girl. She will be coming home from the NICU within the week. Praise God.
- ◆ Barry Small is home. Praise God this surgery went well and continue to pray for a complete recovery.

## Surgery

- ◆ Boyd Kurt will have an atrial fibrillation ablation on April 4. Prayers are appreciated.

## Special, Congregational, and Community Concerns

- ◆ Prayer for the country of Ukraine and its people.
- ◆ Prayer for the country of Israel and its people.
- ◆ For Christians who are persecuted around the world.
- ◆ For youth in all circumstances who are facing bullying.
- ◆ For teachers.
- ◆ Kairos Prison Ministry, for the inmates and those serving in the ministry, that they would know Jesus as their Savior.
- ◆ Mason Freeman, Bob and Louise Freeman's grandson. Louise would like prayers that he will be successful in college.
- ◆ Fostering the Family asks for prayers for all of our support churches and care communities that are wrapping around these vulnerable families.
- ◆ Fostering the Family (FTF) is asking for prayers for Jessica. FTF is praying a church in Pageland, SC

will step into assisting Jessica's family.

- ◆ Pray for the current foster parents and pray that more foster parents come forward. There is a drastic shortage and such a strong need.
- ◆ Please pray for the organization *Fostering the Family* and the following children that are looking to be adopted:
- ◆ Laila: found a permanent home. Please pray for her adoption to be completed by summer. Laila has been in foster care for four years.
- ◆ Jenifire: still waiting for a permanent home. Jenifire has been in foster care for four years.
- ◆ Princeton, Desiyah, Destiny: Continue to pray for these three children. The oldest has run away from foster care, and her whereabouts are unknown. Please pray this child is found safely and quickly. One is struggling with behaviors, and the foster parents are challenged daily. Pray for the love of Christ to find all of them so they do have hope.
- ◆ Brittany: her parents have a termination of parental rights scheduled for April 11th. Please pray for this. Though sad, it is the right decision. Pray for a permanent home for Brittany. Brittany has been in foster care for 18 months.

## General Health Concerns

- ◆ Sammi, niece of Susan Boyle, is carrying triplets and is 27 weeks along. Two of the babies are struggling with their size. Please pray for Sammi and babies Alice, Maeve, and Peter to get to 35 weeks' gestation.
- ◆ Crystal, a ministry partner of Fostering the Family, had back surgery this week and has struggled for healing.

- ◆ Felicia Clark Peaseley is doing very well in rehab. Marcia Henderson asks for continued prayers for sister's strength, comfort, and healing.
- ◆ Sarah DeBerry is undergoing medical testing.
- ◆ Blanche Withers, grandmother of David McAliley, fell and broke several bones. Blanche will have to go through healing and extensive rehabilitation.
- ◆ Margaret Wert is back home.
- ◆ Johnny Simms, the brother of Gloria Smith, is home recovering after a two-month hospital stay for a blood infection.

## Cancer

- ◆ Yvette Suarez-Navis of Pleasant Hill Preschool is diagnosed with endometrial cancer and is expected to undergo surgery. Prayers for recovery and healing.
- ◆ Carol Pridgen, sister of Betty Small, has been diagnosed with high grade pleomorphic sarcoma. She is starting five weeks of radiation treatments on March 7 at Duke. Afterwards her tumors will be removed.
- ◆ Allyson Spratt, daughter in law of Mike Spratt, was diagnosed with breast cancer. She will be starting chemotherapy in 2 to 3 weeks.
- ◆ Todd, son of Kim who works with FTF, was just diagnosed with a brain tumor. Pray that it is treatable and for the support and love of his family to surround him.
- ◆ The father-in-law of Susan Boyle of FTF is struggling with sleep. Her mother-in-law is starting to feel the weight of what the future looks like without her husband of over 60 years.



- ◆ Darryl and Jan Emory (Wilson Byrum's daughter and son-in-law) both have cancer.
- ◆ Andy Griffith, neighbor of Cheryl Simerly, has had cancer return and has other medical issues.
- ◆ Janet Harlan, friend of Kate Lemond, had a lumpectomy for early-stage breast cancer. She is recovering well from surgery and has started radiation treatment.
- ◆ Ruth McGaha had a scan and is to meet with her oncologist on February 29th to discuss results.
- ◆ Jim Conner, Beckie Ennis' father, has finished chemo. A cancer spot has shrunk which is a praise.
- ◆ Elaine Scarborough, friend of Becky Neely, diagnosed with stage 4 lung cancer had scans. The scans have shown improvement. Please pray for her.
- ◆ Teresa Hartman, neighbor and friend of Angie Neel, has completed chemo treatments for stage 4 neck/throat cancer.
- ◆ Fletcher Wilson, Ashley Rawls' father, will meet with his doctor to review the results of his PET scan.
- ◆ Johnny Bethea, cousin of Anne Moore has pancreatic cancer; he's undergoing chemo treatment.
- ◆ Margaret Renward, a family member of Deb & Paul O'Connor has been diagnosed with stage 4 pancreatic, lung and liver cancer. Please pray for Margaret and her family.
- ◆ Diana Hunter, a friend of David McCorkle, has been placed on hospice care.
- ◆ Larry Aaron, a friend of Kate Lemond, is struggling with cancer. He's had to stop work due to his condition. He is feeling better, and the doctors feel that he's healthy enough to start chemo soon. Please pray for Larry.
- ◆ Dave Prouty, a friend of the Morgan's, had a recent cancer scan that reveals his cancer has advanced. Please pray for him, his wife and twin daughters.

## Ongoing Illness

- ◆ John Williams, Mary Beth Monroe's brother-in-law, has been put on the kidney transplant list. Please pray for this to happen timely and for a donor match to be found.
- ◆ Donna Garrison is doing well after her surgery in August and is continuing to heal.
- ◆ Becky Beck, the grandmother of Spencer and Gavin Beck, is suffering from a number of different health issues and appreciates all prayers.
- ◆ Paul Brenner, Gail Brenner's nephew, has ongoing medical issues.
- ◆ Pat McCorkle, David McCorkle's mother is doing much better. She's back at Lake Wylie Assisted Living.
- ◆ Mrs. Darrell Bonapart has congestive heart failure, diabetes, nerve damage, and high blood pressure.
- ◆ Daniel Morris, a friend of Bruce Doane, with Wegener's disease will continue his transfusions. There is no cure.
- ◆ Cooper Freeman III has kidney disease, diabetes and foot problems.

## Students

- ◆ Clay Ferguson
- ◆ Kelly Ferguson
- ◆ Donald Horack
- ◆ Melinda Moore
- ◆ Ben Shanti
- ◆ Casey Snyder
- ◆ Regan Snyder
- ◆ Sydney Snyder
- ◆ Andrew Tanner
- ◆ Charlie Warnke

## Military

***\*\*When we have someone serving outside of the U.S., we remember them, by lighting a candle, until they return. Please be in prayer for them.***

- ◆ \*\*Brian Cox, US Air Force, Italy
- ◆ Olivia Hommes, US Air Force Academy, Colorado
- ◆ Bradley Lauerman, US Navy, Virginia
- ◆ Lexie Simerly, US Army, Washington
- ◆ Will Warsaw, US Navy, Virginia

## Homebound

|                   |                  |
|-------------------|------------------|
| Joan Brown        | Sarah Middleton  |
| Linda Clark       | Margaret Niell   |
| Joyce Carpenter   | Forrest Nunnally |
| Dot Earp          | Gerry Roberts    |
| Katharine Freeman | Mike Spratt      |
| Louise Freeman    | Margaret Wert    |
| Joe Furr          | Wayne Whitesides |
| Elaine Kotraba    | Lois Yandle      |
| Hannah Maurer     |                  |





Take a step toward staying

# Healthy & Active

Life Line Screening goes beyond regular checkups to provide a more thorough look at your health.

**Be Smart: Do More For Your Cardiovascular Health**

**No Plaque Buildup**

**Plaque Buildup**



Advanced ultrasound technology looks inside your arteries for signs of plaque buildup.

That's why **9 out of 10 cardiovascular doctors** support preventive screenings for those with key risk factors.\*

Adults age 50† and those 40 and older with one or more risk factors for cardiovascular disease (e.g., LDL cholesterol, Key Risk Factors: reduced HDL cholesterol, cigarette use, obesity, smoking, family history).

**We are coming to your neighborhood.**

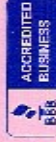
**Where: Charlotte - Steele Creek Presbyterian  
Church at Pleasant Hill**

**When: Friday, April 5, 2024**

To register for your appointment and to receive the special discount, please call **1-800-640-6307** or visit **LLSA.SOCIAL/HC**



**LLSA.SOCIAL/HC**



## Trusted by Hospitals Nationwide.

Life Line Screening has partnered with over **100 hospitals** across the country and has conducted over **10 million screenings** since 1993.



### Carotid Artery Disease

an ultrasound is performed to screen the carotid arteries (a pair of blood vessels in the neck that deliver blood to your brain) for buildup of fatty plaque. This buildup, called atherosclerosis, is one of the leading causes of stroke.



### Atrial Fibrillation (AFib)

a 6-lead electrocardiogram (EKG) is performed by placing sensors on the arms and legs to screen for Atrial Fibrillation. AFib can lead to blood clots, stroke, and heart failure, and other heart-related complications.<sup>2</sup>



### Abdominal Aortic Aneurysm (AAA)

an ultrasound is performed to screen the abdominal aorta for the presence of an enlargement or aneurysm. AAA can lead to a ruptured aortic artery, which is a life-threatening medical emergency.



### Peripheral Arterial Disease (PAD)

an Ankle Brachial Index (ABI) test is performed using blood pressure cuffs on the arms and legs. It is important to screen for PAD because it increases the risk of coronary artery disease, heart attack, or stroke.<sup>3</sup>

## 4 Screenings for Only \$149 Special Package Pricing

<sup>1</sup> <http://www.heart.org/healthlibrary/article.do?articleId=1111111>

<sup>2</sup> <http://www.heart.org/healthlibrary/article.do?articleId=1111111>

No single screening can detect all risk factors for all conditions, such as including the presence of coronary artery disease. Screening results are provided to you in about 14 days. We direct all participants with abnormal results to take the next step in their physician's appropriate medical treatment. Our screenings cannot detect all forms of stroke or cardiovascular disease. All results are for screening purposes only. You should consult with your personal physician regarding your screening results. This does not include a review fee. Insurance coverage for Life Line Screening does not participate in the Medicare program and the cost of our screening services is not covered or reimbursable by Medicare. Life Line Screening does not file insurance claims nor provide referrals to any physician's group or hospital. If you are unable to attend the screening for any reason whatsoever, we will issue a gift card for the full amount to be used by you, or anyone you choose, for future screening services.